

Week Seven– Committed to God's Lifestyle Plan

Love Does “A Healthy Heart” Psalm 51

Outline

Now is the time for spiritual awakening (v10)

Restoration through honest confession (v1-4)

This is the means to new life and great joy (v8)

Creating a servant heart for God's Kingdom (v13-15)

Opening our hearts to the needs of our community (v18-19)



*Committed to God's
Lifestyle Plan*



Questions/Reflections

Why would this time of difficulty be the perfect environment for a spiritual awakening ?
Can you share/consider how you have responded to God lately ? Is there a desire to seek God with more intent and passion?

I would say that most of us live in denial. As humans we think we are in some control of our life and that we know how things work. David was in denial for a long time. Can you share/consider how perhaps this relates to your life – if we were really honest – what does denial look like for us ?

The key to David's restoration is confession. If we are a child of God already, confession doesn't restore us back into the family, we are forgiven forever - but rather it restores our joy – God brings new life to our spirit. Can you share/consider why this is the case ? David asks for the joy of salvation to be restored and a steadfast spirit renewed. What is the joy of our salvation ? How would you describe a steadfast spirit ? How are these lost in the first place ?

David talks about crushed bones coming to life – the Bible often talks about dry bones in a similar way. Share/consider your minds response to that symbolism. David's prayer was *create in me a pure heart*. He also talks about God's wisdom in that secret place. Share/consider what this says to you ? How would you describe a heart awakening to God.

David's response to restoration was a desire to serve God – he wants to restore others, he prays for his community. Why does an awakening of our heart bring about this heart response ?

God forgive me of my pride – thinking that I was in control - rather help me to

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God create in me a desire for my community - as I am restored, I want to help restore others. God help me to see

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LOVE
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