



## **SUNDAY 18TH FEBRUARY 2024**

Topic: Living Close to God in Help and Faithfulness

Psalm 124

Speaker: Ps Paul Curtis

### **Sermon Notes**

- Life is really tough and we are really fragile (v3-5)
- But God is always with us (v1-2)
- He is our helper and protector (v6-8)

## Small Group Questions/Discussions

Read v3-5. Share a time when you felt like life was sweeping over like a flood and you were drowning. Is there challenges right now that are overwhelming you? At some point we all cry out to God, where are you? We don't want doubt to make its home in our mind, but how can it also be a good thing. Why is it healthy to ask questions of God? How could it help us draw closer to Him? Are you sometimes surprised that life can be so tough even for a Christian? Are you sometimes surprised how fragile we are? Why is accepting this challenge and our own weakness so important?

Read v1-2. What foundation of truth does the psalmist provide? When it comes to truth, how important is it that we "feel it"? Why are facts more important than feelings? Re read v2, God is not only with us – but what else does He do? Share an experience of God where he protected you from the monster and the flood.

Read v6-8. The people are singing as they head to Jerusalem. What is the tone of their song? They are not asking the question we sometimes ask, why God or where are you – what is it they are saying? How do we turn from questions to a declaration of faith? Share how you personally turn fear into faith? Is there a present challenge that is heavy on your heart right now? How does the truth that God is the creator encourage you even further? How does focusing our mind on God as our helper and strength draw us closer to Him? Describe your "personal pilgrimage" (journey) in resting in God's faithfulness.